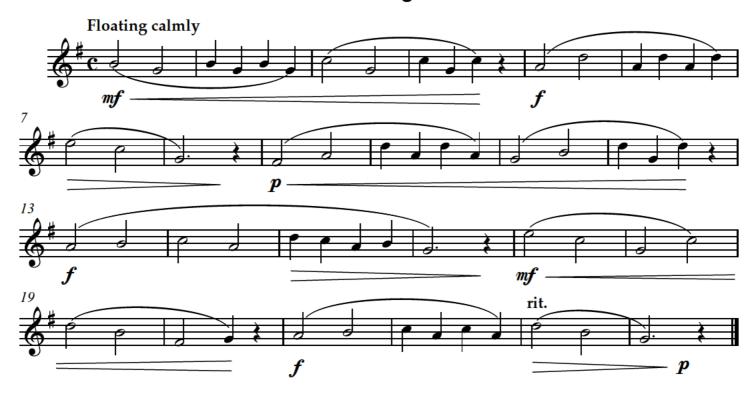
UNIT 1 Crossing the break

Each unit in this book is devoted to a different and important technique. We begin with more music to help you cross the break really smoothly.

- ★ In *Gliding* your embouchure needs to be firm but not tight, and make sure that there's always a strong flow of air. Your aim is to join the notes as smoothly as a swan gliding over still water or a glider sailing gently through the air.
- **★** Listen carefully if you bump or accent a note, try again! Breathe only in the rests.

Gliding



- ★ Prepare your Smoooothie by practising bars 3, 7, 11 and 15 first.
- **★** Try to breathe after every 4 bars to help the music flow.

Smoooothie

Andante, with mangoes and bananas



Do it yourself

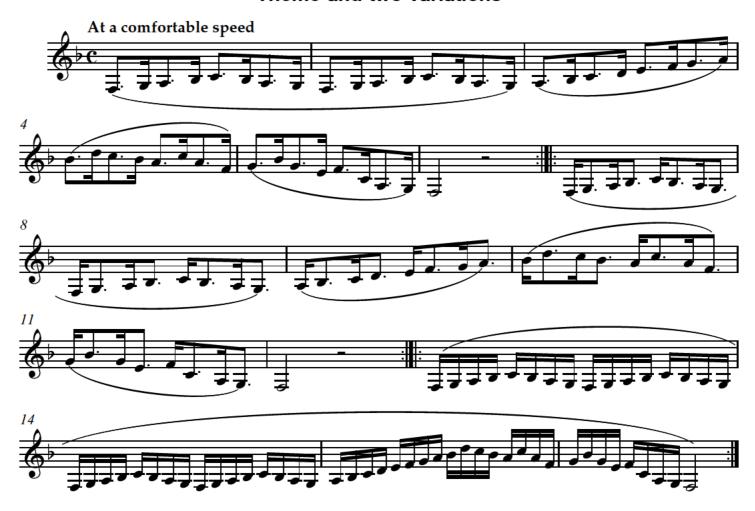
Make up your own exercise or study to help you practise crossing the break.

UNIT 7 Developing fast fingers

In most fast passages, it's not that your fingers that are moving fast, but that the time between each finger movement is short! First check your hand and finger position (your teacher will help). The pads of each finger should cover the finger holes and each finger should be very gently curved. Finger movement should always be firm but relaxed – fingers must never be stiff or rigid.

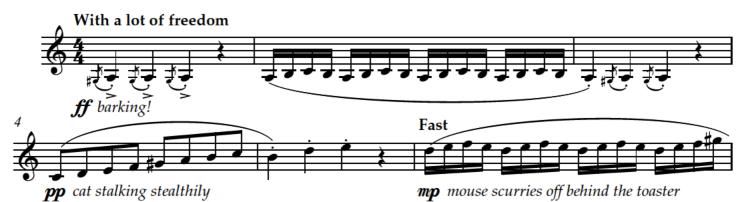
* Keep returning to this study, playing it ever faster.

Theme and two variations



★ When preparing *Dog chasing cat, chasing mouse* which scale would it be useful to practise?

Dog chasing cat, chasing mouse



UNIT 7 Developing fast fingers

Concertpiece

