

JUNIOR HANON

*Preparatory exercises to acquire speed, precision, agility and strength
in the fingers of both hands as well as flexibility of the wrists.*

Exercise 1 gives practice in stretching the 4th and 5th fingers of the left hand while ascending, the 4th and 5th fingers of the right hand while descending. Lift the fingers high and play each note distinctly.

(Ascending)

1. *mf*

(Descending)

*As soon as Exercises 1 & 2 are mastered, go on to Exercise 2 without stopping on this whole note.
Exercises 1–20 should be practiced in this manner.