

## Clapping duets

You clap the upper stave and your teacher claps the lower for both of these pieces.



## Ground control: all five fingers

Play slowly at first, keeping a steady, even pulse.

Steady and even

First system (piano):  
 Measure 1: Upper staff (5), Lower staff (1)  
 Measure 2: Upper staff (2), Lower staff (1)  
 Measure 3: Upper staff (2), Lower staff (1)  
 Measure 4: Upper staff (2), Lower staff (1)

Second system (mezzo-forte to forte):  
 Measure 1: Upper staff (5), Lower staff (1)  
 Measure 2: Upper staff (2), Lower staff (1)  
 Measure 3: Upper staff (2, 4, 2), Lower staff (1, 5)  
 Measure 4: Upper staff (2), Lower staff (1, 5)

Prepare to play this piece by resting piano-playing shaped hands on a flat surface.  
 Try lifting your fourth and fifth fingers without raising your other fingers. It's tricky!

## Ground control: fourth and fifth fingers

This exercise will get your fourth and fifth fingers working.

Make sure your thumbs don't wander from their position.

Steady and even

First system (forte, legato):  
 Measure 1: Upper staff (5, 4), Lower staff (5, 4)  
 Measure 2: Upper staff (5), Lower staff (5)  
 Measure 3: Upper staff (5), Lower staff (5)  
 Measure 4: Upper staff (5), Lower staff (5)

Second system (piano):  
 Measure 1: Upper staff (5), Lower staff (5)  
 Measure 2: Upper staff (5), Lower staff (5)  
 Measure 3: Upper staff (5), Lower staff (5)  
 Measure 4: Upper staff (5), Lower staff (5)

## D minor situation

D minor

**With lively fingers**

*f* (2nd *p*)

1. 2. 3

3 1 2 3

This is from a famous piano piece by **Ludwig van Beethoven** called *Für Elise* (which means 'For Elise').



## A touch of Beethoven

This piece requires good finger control.  
Practise it hands separately first!

Which black keys do you need in this piece?  
Find where they are before you start playing.

**Moderato**

*mp*

1 2 1 2

4 5

poco rit. *p*

## Contraflow

Play this firmly, but with relaxed fingers.

**Moving along**

*f*

5

5

## Workout and warm-up!

Use these exercises to get your fingers moving before any practice session.  
Remember to relax your shoulders and play confidently.

### Finger control

