

B♭ major

a 12th

Fill in the notes of the scale and circle the notes of the arpeggio:

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Finger fitness

In these exercises, move your fingers precisely and with energy, and not too far from the instrument.

Write the key signature of B♭ major:

TOP TIP Make up different rhythms for the *Finger fitness* exercises e.g. dotted rhythms.

1

2

3

4

1

Busy-body Scale study

Energico
mf

2

Gadzooks! Arpeggio study

Allegro

f *mf*

f

>

**Key piece Garlic 'n' grapes****Allegro amabile**

poco f *p* *f*

p *cresc.*

f



Have a go Compose or improvise a short piece using the notes of G major, beginning with these notes. Try to finish on a G.



You are now ready to:

- say** the notes (up and down),
- hear** the scale and arpeggio in your head (playing the keynote first),
- think** about the finger pattern and finally,
- play** the scale and arpeggio with confidence!

F minor

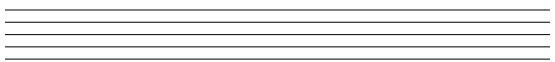
2 octaves

Fill in the notes of the scale and circle the notes of the arpeggio:

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Finger fitness

Write the key signature of F minor:



TOP TIP Try to hear the *Finger fitness* exercises in your head before you play them.

1

2

3

4

1

Fiendish fox Scale study

Allegro con fuoco